



Interstride

[contact@interstride.com](mailto:contact@interstride.com)

# How to log-in to Interstride with your university email

1

Visit [interstride.com](https://interstride.com) and click on **Student login**

2

Enter [university.edu](https://university.edu) email address

3

Verify your email address and set a password to log-in

Training guide: [userguide.interstride.com](https://userguide.interstride.com)



# How can Interstride help?

## One stop shop for international students and international careers

Visa & Immigration



Online community



Clear roadmap of the job search process



Videos, animations, and visualizations



Productivity tools



Visa sponsorship records



Webinars



Networking tools

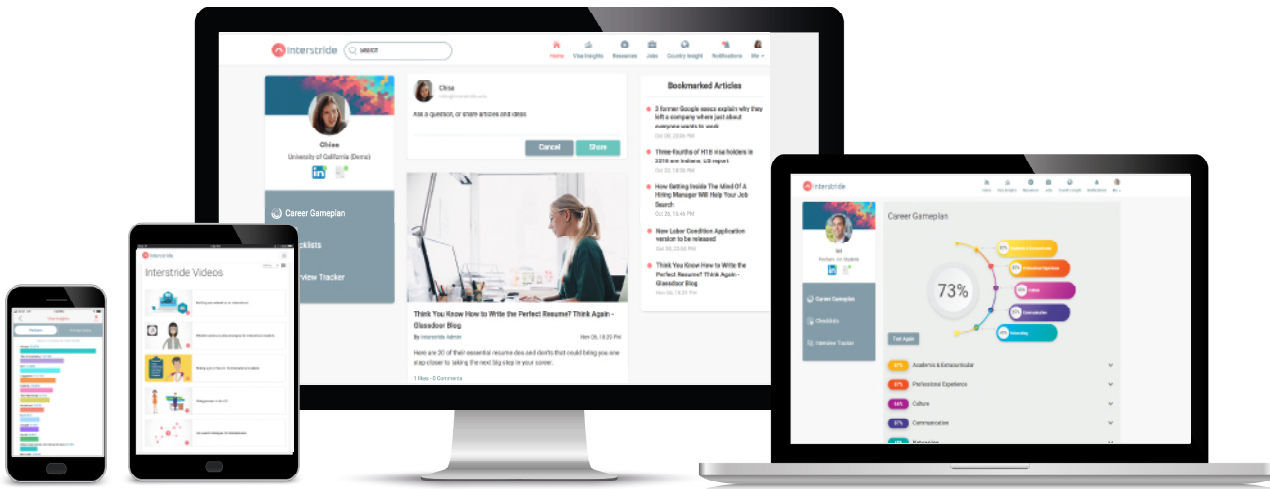


Newsletters



# Interstride

Seamless access across all devices



- User-friendly mobile & desktop platform
- Mobile apps on iOS & Android
- Real-time information
- Employment trends and opportunities
- Integrated platform
- Content and resources updated daily

